



**Down and Dirty 5 Mile Trail Run
And 2 Mile Trail Hike
Saturday September 19, 2015 8:00 am**



This is the third race in the Huaco Cuatro Trail Run Series

Location: Northern Gateway Pavilion in Cameron Park, Waco, TX

Note: Baby strollers/joggers are not allowed on the course for safety reasons.

| | | | |
|-------------------------------------|-------|--------------|--------------|
| Entry Fees: (non-refundable) | Early | After Aug 22 | After Sep 17 |
| 5 Mile Run | \$25 | \$30 | \$35 |
| 2 Mile Trail Hike | \$15 | \$20 | \$25 |

Note: T-shirt size and availability not guaranteed after Sep 8

Make Checks Payable To: Waco Striders Running Club

Mail Entry To: Down and Dirty Trail Run
PO Box 21715
Waco, TX 76702

Schedule:

| | | |
|------------------|---------------------------|---|
| Friday, Sep 18 | 4:00 – 6:00 pm | Late Registration and Packet pickup Downtown 301 Event Center, 301 S 2 nd St., Waco |
| Saturday, Sep 19 | 7:00 – 7:45 am 8:00 am | Race Day Registration and packet pickup at Northern Gateway 5 Mile Race/2 Mile Hike Starts |

5 Mile Awards: Overall male and female and the 1st three places male and female in 5 year age groups.

2 Mile Hike: This is a fun untimed fitness event with no awards.

Finisher Medals: All finishers will receive a Huaco Cuatro Trail Run Series medal.

Name: _____

| |
|-------|
| Bib # |
| |

Gender: M ___ F ___ **Date of Birth:** ____/____/____ **Age on race date:** ____

Event: 5 Mile ___ 2 Mile ___ **T-Shirt:** S ___ M ___ L ___ XL ___ XXL ___ (add \$2.00)

Address: _____

City: _____ **State:** _____ **Zip:** _____

Daytime Phone: _____ - _____ - _____ **Email:** _____

Waiver Must Be Read and Signed Before Mailing:

I acknowledge that running and hiking on hilly trails could be dangerous and can be a test of a person's physical and mental limits and there exists the potential for death or serious injury. I certify that I am physically fit and have sufficiently trained for this event. I assume the risks of participation and assume full responsibility for injury, accident or illness, which may occur during this event. I hereby release and hold harmless the sponsors and all persons associated with the event from any injury or damage ...including the Waco Striders Running Club and the City of Waco and all employees thereof.

Signature

Date

Parent's Signature if under 18