

WACO STRIDERS NEWSLETTER APRIL 2006

Waco Striders Club Meeting

The Waco Striders are having a club meeting Wednesday April 12, 2006 6:30 pm at Uncle Dan's on Lake Air Dr. Everyone is welcome to attend, so be sure and mark your calendars. We need everyone's input on upcoming events and suggestions on new events. There are a couple of new race events coming this year. We are getting very close to purchasing a new timing system for the club which will automate our race timing; we are very excited about this. Hope to see you there.

A Morning in the Park

The Waco Striders are having a trail clean up in Cameron Park along with a Fun Run/ Walk Saturday April 29, 2006. Fun Run/Walk will begin at 8:30 am, clean up at 9:30 or after Race/Walk. We will have hamburgers and hot dogs following the race and clean up. This is a beautiful time of year along the trails of Cameron Park; this is a wonderful opportunity if you have not experienced the trails or if you know someone who has not bring them with you. As members of the Waco Striders, I really hope you make plans to attend. Cameron Park and The Park rangers give us a great place to run, walk, cycle and hold events. We just want to do our part to keep this a great place to work and play. We will have a fun run for any kids who would like to participate in a kids run. This will be more fun than work, any Questions or suggestions please contact Mitch Deskins 717-8905 or modeskins@grandecom.net

The Wetlands 5K and Tadpole Fun Run

Everything is starting to come together for the Wetlands 5K and Tadpole Fun Run, June 17, 2006 at the Wet Lands Research Center. Registration/Package pick up 6:30-7:30 AM. The Tadpole Fun Run Starts At 7:45 AM, 5K Run/Walk at 8:00AM. This is a beautiful scenic course through the wetlands. Newly USATF certified course gives a glimpse of a hidden treasure. Proceeds go to Lake Waco Research and Education Center. Awards \$150 cash overall 5K, \$75 top female/male. Awards for three deep in five year age groups for both male and female. Metals will be awarded to all participants of the Tadpole Fun Run. Entry fee includes commemorative t-shirt, and post race party. Early registration-\$18 post marked by 6/10/2006. Printable and online forms are available at WWW.WACOSTRIDERS.COM /CALENDER. Race day- \$20 under 18- \$10. Tadpole Fun Run- \$8 preregistered / \$10 race day. For more information, call 254-315-5510 or EMAIL WWW.WACOSTRIDERS.COM or WACOSTRIDERS@YAHOO.COM or WWW.WACOWATER.COM /WETLANDS. Please mark your calendars. This is going to be a great event that the whole family can enjoy.

Komen Run

It was so nice to see everyone who came to support The Race for the Cure Saturday. Congratulations to Ly Nguyen, chairman for the "Texas Life Team", the largest corporate team. Congratulations to Laurie Hull, chairman for the team "For the Joy of It". Laurie did a great job putting this team together in honor of fellow Strider Joy Elliott. A big thanks to all Striders who supported these teams.

Saturday, April 22, 2006

The Great Zoo Stampede
5k/10k walk/Runs and one mile
First Race 8 AM
Cameron Park Zoo

Saturday, April 29, 2006

Texas Round- Up
10K Run walk - 5K run walk
8 AM
Austin, Texas
www.texasroundup.org

Saturday, May 6, 2006

LRC Pacesetter Spring 5K Run & Walk
Calvert City Park - corner of Burnett and Pin Oak
Calvert, TX
Contact: Roianne Alston, 979-364-2136 or 979-255-7606
ralston515@aol.com

Saturday, May 13, 2006

* **Waco Police Memorial Race 5K**
Indian Spring Park
Waco, TX
[Brazos Series Race](#)

Saturday, May 13, 2006

Jack Rabbit Run 4 Hope 5K/10k
Copperas Cove, TX

Saturday, May 20, 2006

Cool Cucumber 5/K
Bremond, TX

Sunday, May 21, 2006

Greg Lundgren 5K Run
Columbus, TX
www.columbustexas.org
Tel 979-732-8385

Saturday May 2006(Date to be announced)

* **Prairie Chapel Heritage 5/k**
[Brazos Series Race](#)

Saturday, June 3, 2006

* **Hillcrest Best Dam Run 5/K**
Lake Waco Dam
Waco, TX
www.hillcrest.net/bestdamrun
[Registration Form](#)
[Brazos Series Race](#)

Saturday, June 17, 2006

The Wetlands 5K and Tadpole 1K
The Wetlands
Details to follow

Saturday, June 24, 2006

* **Polish Pickle Run 5/K Kids K**
Bremond, TX
[Brazos Series Race](#)

Saturday, July 1, 2006

2nd Annual 5K Run/Walk
Kyle, TX
For more info, contact:
Kyle Area Chamber of Commerce & Visitors Bureau
512-268-4220
kacc@austin.rr.com

Saturday, September 2, 2006

HHS Dove Fest 1 mile and 5K
8 AM
Starting on the square in Hamilton

Sunday, September 3, 2006

* **West Fest Kolache 5000 5/K**
West, TX
[Brazos Series Race](#)

Saturday, September 23, 2006

* **Hearne Pacesetter 5/K**
Hearne, TX
[Brazos Series Race](#)

Saturday, September 23, 2006

LRC Pacesetter Fall 5K Run & Walk
Hearne Municipal Airport
Hearne, TX
Contact: Roianne Alston, 979-364-2136 or 979-255-7606
ralston515@aol.com

Saturday, October 7, 2006

* **Brazos Trail Run 5 Mile/ 2Mile**
9 AM
Lovers Leap Cameron Park
Waco, TX
[Brazos Series Race](#)

Sunday, October 22, 2006

* **Miracle Match Marathon**
A full marathon, two- and four-person marathon relays,
5K Run, and 1 Mile Fun Run/Walk.
7:30 AM
Indian Spring Park
Waco, TX
Website: [Scott & White - Miracle Match Marathon - Central TX](#)
[Brazos Series Race](#)

November, 2006(Date to be announced)

* **Marine Corp Leatherneck Run 5K**
[Brazos Series Race](#)

P O S T P O N E D

*** Waco Crime Stopper Pig Trot**

5K and Kids K

Cameron Park Zoo

[Registration](#)

Postponed until spring