

WACO STRIDERS NEWSLETTER
DECEMBER 2006

Waco Striders Christmas Party

We hope to see you at the Waco Striders Christmas Party, Friday, December 8, 2006 7PM at Pete and Marsha Thauwauld's house. Please bring your favorite covered dish, dessert, or party snack, soft drinks provided (B.Y.O.B.).

Anyone attending the party, who missed early registration cut-off date to the Extraco Banks Chautauqua Cross Country Run and Trail Walk, can register at the Christmas party to receive the discounted early entry fee. Any questions in regards the Christmas party, please call Pete 254-857-3617 or Mitch 254-666-0679.

Strider in the Spotlight

Long-time Waco Strider Cliff Burgess will run his 200th Marathon December 10, 2006 at The White Rock Marathon in Dallas, Texas. Way to go Cliff, that is an achievement to be very proud of. You are an inspiration to all of us. Cliff will have a table set up at the American Airlines Center with refreshments the day of the Marathon for his friends and fellow runners.

The Jingle Bell Run

Congratulations to the Waco Striders Jingle Bell team. Each member of the team placed in their age group. Go Team Striders! One of our team members, Laurie Hull, had one of her best 5k times of 22:30. She was smoking, great job. Pompilio Romero took overall male and nine year old Mark Man Bell and Tim Prefume ran a personal best at this event. I would like to express a big thanks to the event organizers and volunteers who provided us with a fun and safe race event.

White Rock Marathon

Congratulations to the First Marathon Runners, you made it. Your big day is almost here. Only 26.2 miles to go! We want to wish all of you Marathoners and Half Marathoners good luck and good running.

Extraco Banks Chautauqua Cross Country and Trail Walk

I am excited that race day for The Chautauqua Cross Country Race and Trail Walk is just a couple of weeks away. I am very excited to announce that with the generosity of our sponsors all proceeds from your entry fees will go directly back to the Mother Neff Park Association for Children's Play Ground Equipment and Education Programs. One of our missions as a running club is to promote community outreach programs and this project is one of those programs. Support of this event will have an effect for many future generations of young park participants for years to come. This event has a venue that everyone can enjoy, a 5-mile Cross Country Run, 1-mile Kids Run and Trail Walk. We have also added a 14 and under Male and Female age group to the race. The awards and T-Shirts are awesome.