

WACO STRIDER NEWSLETTER

JANUARY 2007

Cameron Park Cross Country Trail Run

It is time again for one of the oldest Waco Striders traditions, The Cameron Park Cross Country Trail Run. This event has taken place for as long as I can remember, it is always as much fun as it is a challenge. If you have never been on the trails in Cameron Park this is a wonderful opportunity to experience a very scenic and challenging course. The event will have a two mile and a five mile course to choose from. The event will take place at Lovers Leap at Cameron Park, Saturday, February 3, 2007 at 10:00 A.M. Pre-registration entry fee only \$15.00 thru January 29, 2007 and only \$18.00 late registration on race day. All registered runners get a souvenir T-shirt; late and race-day entrants may have to be mailed their shirts. Five-mile awards to overall 1st, 2nd, 3rd place finishers in each five year age groups. Two-mile awards to first five male and female finishers. Water will be available on the five-mile course. PowerAde, water and fruit at the finish line. Runners will receive double points for the five-mile and single points for the two-mile course for the 2007 Brazos Series. Anyone who would like to volunteer to help with this event, please contact Mitch Deskins 254-717-8905 or email mdeskins@grandecom.net. I hope you can make it out and enjoy this event.

Membership

We would like to thank everyone one who has supported the running club with their membership dues so far this year. If you read our website, it is our membership dues that pay for this and gives the ability to host and sponsor more local running events. Last year the club was able to get involved with some community out reach programs such as The Waco Wetlands Project, The Mother Neff Chautauqua Cross Country Challenge, the Cameron Park Cross Country Trail Run. These are events that promote and expose runners and walkers to different and entertaining event venues in our Central Texas area. The Waco Striders where able to sponsor some running teams last year to help promote and support local race events. We were able to provide track uniforms for a group of youths that were in a summer track league. Our membership dues are going to support very worthy causes in our community that make a difference while promoting fitness and the sport of running. Our membership base is fantastic with all types of members and we hope to see you soon.

Group Runs

With the days getting longer and weather becoming more dependable, we will be starting group runs up very soon. We will announce days and time on our webpage. Anyone who is interested in being a Group Run leader, please contact Mitch Deskins at 254-717-8905 or mdeskins@grandecom.net .

Brazos Series

Congratulations to all the 2006 Brazos Series participants. We will have an awards ceremony very soon. Due to circumstances beyond Strider control, we had to eliminate and add a couple of events in the series. We hope this will not happen again. We will be choosing 2007 Brazos Series Events very soon. Any thoughts or suggestions you may have, please contact us and share them.